

Now Open for Lunch from 11:30am-1:30pm

Café 150 Menu

Week 7

* Healthier Choice
Calories in red.

Lunch 11:30-1:30

January 20, 2020		January 21, 2020		January 22, 2020		January 23, 2020		January 24, 2020	
Monday		Tuesday		Wednesday		Thursday		Friday	
Philly steak hoagie w/provolone	\$3.25	Meatloaf/235	\$ 2.25	Creamed Chicken */364	\$ 2.00	Roast Beef/303	\$ 2.00	Liver & Onions/190	\$ 2.25
& peppers & onions 639		Whipped Potatoes */85	\$ 0.90	w/Biscuit or potatoes/+190	\$ 2.75	Whipped Potatoes */85	\$ 0.90	Whipped Potatoes */85	\$ 0.90
Mac & Cheese		Lima Beans/120	\$ 0.70	w/Potatoes & Biscuit +85	\$ 3.20	Peas & Carrots */38	\$ 0.70	California Blend */83	\$ 0.70
Small/ 210	\$ 0.80	White/485 Wheat/485		Carrots */38	\$ 0.70	Roast Beef Sandwich	\$ 2.25	Pepperoni Pizza/425	\$ 2.25
Large/ 420	\$1.50	Chicken Salad Sandwich *	\$ 2.25	Ham Salad Sandwich	\$ 2.25	White/443 Wheat/443		Chicken Nuggets	\$ 0.35
Corn Dogs/460	\$1.50			White/323 Wheat/323		w/Potatoes/+85-gravy/25	\$ 3.00	6 Nuggets/327	\$ 1.90
Broccoli 40	\$ 0.70			Ham Salad Stuff Tomato/202	\$ 2.00				
Chicken Noodle Soup /180	\$ 0.95	Vegetable Soup/51	\$ 0.95	Loaded Baked Potato Soup/362	\$0.95	Green Pepper Soup/105	\$ 0.95	Tomato Soup */90	\$ 0.85

Dinner 5:15-6:00

Monday		Tuesday		Wednesday		Thursday		Friday	
Roast Beef 303	\$ 2.00	Turkey Dressing Casserole		Baked Potatoes */161	\$ 1.00	Baked Chicken */286	\$ 2.00	Breaded Shrimp 6ea. /246	\$ 3.50
Whipped Potatoes */85	\$ 0.90	Small/243	\$ 1.75	w/Cheese/% cup- 40	\$ 1.50	Whipped Potatoes */85	\$ 0.90	Mozzarella Sticks 6 ea. /200	\$ 1.50
Peas & Carrots / 38	\$ 0.60	Large/486	\$ 2.50	w/Broccoli */40	\$ 1.50	Corn */86	\$ 0.70	Onion Rings/160	\$ 1.00
RB sandwich	\$ 2.25	Whipped Potatoes */85	\$ 0.90	w/Cheese & Broccoli/80	\$ 2.00	Caribbean Blend */44	\$ 0.70	California Blend*/83	\$ 0.70
w/ 443 wh/443		Green Beans */20	\$ 0.70	Chili/250	\$ 1.50	Bacon Cheeseburger/ 550	\$ 2.40	Chargrilled Chicken*/286	\$ 2.00
w/ Potatoes / 85 w gravy +25	\$3.00			Chicken Tenders ea./185	\$ 0.75				
Chicken Fillet/325	\$ 1.75								